

Creating a Sensory Bag



Sensory tools can help to distract, encourage, stimulate or otherwise engage students in order to facilitate better learning. These tools are often stored in a box or a bag. While the bags should be available for all students in a classroom, they are primarily for those affected by disability and should not be viewed or used as toys. Ideally we recommend having enough bags for approximately 25% of the students.

A sensory bag could be a drawstring style backpack (possibly with your ministry logo) and include any number of the following items:

- Visual schedule of the day
- Sound reducing headphones
- Safe chew toys
- Therapy putty
- Coloring book and crayons
- Play-Doh or modeling clay
- Fabric samples with varying textures
- Weighted blanket
- Spider balls or stress balls
- White board with low odor dry erase markers
- Icon Bible and other story books
- Soft plush animal toys

For more ideas visit the [Joni and Friends Pinterest](#) board.